

Unit 1 – Communication P1 Task Layout

You should ensure your course work looks like below.....

Title: LO.1: Understand Effective Communication and Interpersonal Interaction in
Health and Social Care

P1: Explain the role of effective communication and interpersonal interaction in a health and social care context

Introduction

The purpose of communication

- One to one communication
- Group communication
- Informal communication
- Formal communication
- Communication between colleagues

Methods of communication

- For each state what they are.
- Advantages and disadvantages of them
- Examples relating to health and social care settings.

Interpersonal skills

Verbal communication

- Speaking clearly
- Active listening
- Jargon
- First language

Non verbal communication

- Proximity
- Facial expression
- Touch
- Silence
- Reflective listening
- Posture

Everything underlined is a heading/ subheading.

- You should use these subheadings
- Remember to add plenty of h&sc examples throughout
- To make it look really good – add pictures!
- Take pride in your work!