

THE COTSWOLD SCHOOL – POLICY DOCUMENT



Policy:	Sex and Relationship Education Policy
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Authorised by:	Governing Body
Updated by:	Mrs C Grover Mrs C Roffe Mrs F Peake Dr S Bettington Mrs H Holland

This policy should be read in conjunction with the closely linked Child Protection and Safeguarding Policy, E Safety, SMSC and Anti Bullying Policies

Policy Formulation and Consultation Process

1. Initial consultation with LEA and Health education representatives. GHLL Training days/The Pink Curriculum
2. Audit of existing sex education.
3. Initial review of existing policy and identification of revisions necessary.
4. Draft Policy consideration by staff/governors.
5. Publication and implementation of policy.

Definition of Sex and Relationships Education

Lifelong learning about physical, moral and emotional development; love and care; and about the teaching of sex, sexuality, sexual health, positive relationships and consent. It is not about the promotion of sexual orientation or sexual activity –this would be inappropriate teaching.

Aims and Objectives

The principal aim is to develop the moral, spiritual, physical, social and emotional well being of all our pupils. This is achieved by addressing the following objectives.

- To provide knowledge of sexuality and the processes of human reproduction in a balanced and sensitive manner.
- To encourage an open acceptance of sexuality and to create a positive atmosphere in which sensible questions can be asked and a responsible discussion can take place.
- To reinforce that sexual activity is a natural part of a fulfilling human relationship.
- To develop self-esteem, self confidence and an understanding of their sexuality.

- To promote a positive self-image, self respect and respect for others.
- To include Sex and Healthy Relationships within the context of online safety
- To teach the functions and development of the human body.
- To explore and understand various methods of contraception.
- To explore and understand sexually transmitted diseases including HIV and AIDS.
- To encourage effective communication between people by developing assertiveness and negotiating skills.
- To promote the value of the family and an understanding of the responsibilities of parenthood.
- To encourage and increase levels of respect for the feelings of others
- To understand the concept and consequences of consent
- To learn about the nature of marriage, or a committed, stable relationship and its importance for family life and bringing up children.
- To encourage a sense of personal responsibility.
- To encourage our pupils to view sexual activity in the context of a responsible loving relationship.
- To help them make positive health choices.
- To consider the different lifestyles experienced by individuals and groups.
- To counteract myth, folklore, prejudice and false assumptions in sexual matters.

The Role of Parents\ Carers

The prime responsibility for bringing up children rests with parents. This school recognises that parents are the key figures in helping their children to cope with the emotional and physical aspects of growing up and preparing them for the challenges and responsibilities which sexual maturity brings. The School is committed to supporting parents in this respect and to take account of parental opinion. All parent feedback is very much welcomed. Parents are kept informed of developments through ParentMail/the school newsletter and through the School Association. The school will also provide ongoing and up to date E Safety/Safeguarding updates via social media. This policy is freely available for parents on the school website.

The Right of Withdrawal

Parents/Carers have the right to withdraw their child from part or all of the schools programme of sex and relationship education which is outside the national curriculum.

A simple procedure will be arranged by which parents can withdraw if they wish, although it is not anticipated that many parents/carers will wish to exercise this right. Parents/carers who wish to take

this option are requested to contact the Principal who will deal with all issues sympathetically. Alternative provision for withdrawn pupils will be made by the Principal.

Equal Opportunities

All pupils have the right of access to the same quantity and quality of sex and relationship education. We will endeavour to pay due regard to all equality issues whilst implementing this policy.

RSE being inclusive & considerate of all identities - lesbian, gay, bisexual & transgender - which thereby reinforces efforts to tackle homophobic, biphobic & transphobic bullying.

Delivery of the SRE Programme

The planning and delivery of the sex and relationship education programme involves at appropriate times; pastoral care coordinators, heads of year; form tutors; science staff; RE staff; the school nurse and specialists from the county Sexual Health and Relationships team and Info Buzz.

Roles and Responsibilities

Overall responsibility lies with the PSHE/Pastoral Care Co-ordinators working closely with Heads of Year and external agencies.

Methodology and Approach

In line with the aims of the programme a variety of methods and approaches are employed, included are:

- Group Work
- Action Research
- Discussion
- Opportunities for Reflection
- Role Play Debates
- Films/DVDs
- Guest Speakers
- Whole class teaching and Year group Assemblies

The language used is appropriate to the topic of discussion and controversial topics are dealt **with in** an appropriate manner for the age and ability of our students.

Procedures for reviewing the effectiveness of the programme

A variety of evaluation techniques will be used, including:

- Evaluation Forms
- Group Feedback
- Questionnaires
- Interview
- Class Observation
- Parents'/Carers' Views
- Visitors' Views
- Teachers' Views

Trainee Teacher Research
OPS (Online Pupil Survey)
Governors visits
Form tutor's view

The induction programme and liaison with the primary schools ensures effective progression across phases. The work of the school nurse is invaluable in providing good communication.

Specific Issues

Contraception: Students seeking advice are referred to the school nurse or to other relevant health professionals. Teachers can give general information about contraception as part of the sex education programme. They can also give information to any individual student about where to find confidential advice. Teachers cannot give advice on which method of contraception to use.

Pupils under the age of 16 will be actively encouraged to consult his/her parents/carers.

Confidentiality: This cannot be guaranteed where breaches of the law may be suspected. While teachers should not guarantee confidentiality, they are not legally obliged to inform parents about subjects discussed with pupils if they believe it is not in the best interests of the pupil to do so. In all cases teachers must follow the instructions of the Principal and DSL

Child Sexual Abuse Procedures: Referrals should be made to the Designated Safeguarding Lead (Mrs Carter) who will set standard procedures in motion.

Complaints: All complaints should be referred to the Principal who will then forward them to the governing body.

Procedures for the Involvement of Professional Visitors

Visiting professionals liaise with the senior leadership team and the relevant head of year prior to any input with the students and ensure that the nature of their contact is clearly defined. Such visitors are from known agencies and are well-informed and are aware of the policies of the school. Sessions are monitored and evaluated and details of the content and resources needed as discussed.

Resources

Use of resources including human resources, is reviewed regularly by the PSHE Coordinator, SMSC Lead and the Pastoral Team.

Curriculum Content

We recognise the cross-curricular nature of sex and relationship education and acknowledge the importance of coherence across the subject and pastoral areas. To ensure coherence we have conducted an audit of curriculum content.

Topics covered in the PSHE curriculum are:

Year 7

Healthy Lifestyles

Anti Bullying

- What is bullying?
- What forms does it take?
- How to deal with Bullying?
- Where to go for help?
- (To convey the school's zero tolerance of bullying and key message – if there's a problem tell someone immediately)

e safety - CEOPS (Child Exploitation online protection service)

- The Police will lead these important On line safety sessions

Residential trip

- Team building – how to work successfully and effectively together
- How to build positive relationships.

Year 8

Healthy Relationships

The day will be split into a variety of different sessions aiming to encourage students to make healthy relationship choices, we have a team of professionals coming into school to deliver sessions on topics such as body image, on line relationships of sexting, (peer pressure, HIV and where to go for the right advice and consent. Awareness is raised of the risks of child sexual exploitation through the play – Chelsea's Choice and where to go for help and advice is signposted.

Year 9 Healthy Lifestyles

Students will participate in a series of four workshops on LGBT - challenging stereotypes, sexuality and identity, contraception and consent, drugs and consequences.

Year 10 Sex and Relationship Education/Self Harm/Healthy Minds

Specialists from the Sex and Relationships education team will lead a variety of sessions concerning issues such as consent, values, unplanned pregnancy, contraception, coping with stress and pressure, staying safe re alcohol/drugs.

Year 12/13

The School Nurse conducts discussions on health issues appropriate to the age of the students. This

includes safe sex, sexting, consent and healthy relationships

SCIENCE

Year 7

Topic 4 All About me

Male and Female Reproductive parts
Reasons why people have babies
Fertilisation
Relationships
Emotional changes and physical changes
Pregnancy and the developing of the foetus

Year 9-11 AQA GCSE Trilogy

Variation
Inheritance of features
Selective breeding
Cell division
Keeping a foetus alive
Diffusion and the placenta
Human eggs and sperm
Cloning
Moral Issues of genetic engineering
Inherited/genetic diseases

Religious Studies Year 7

Was Jesus God incarnate? Virgin Birth Year 9

Whose body is it anyway? Pregnancy and development of the foetus
Abortions

Year 10

Human Relationships

Love, Sex (including purpose and views on sex before marriage)
Contraception and religious views on all forms
Marriage
Divorce
Remarriage
Civil Partnerships and Gay Marriage
Gender Roles

Medical Ethics

Fertility treatment
Cloning
Use of animals in medical research
Abortions
Euthanasia

Suicide

This policy is written and administered with due regard to our duty and commitment as a school: to consider all aspects of equality and diversity.

_____ (20 - 04-2018)

ratified by Governors and
signed as such by The Chair of Governors