



Sport: BTEC Level 3 National: Extended Certificate

Examination Board: Pearson

Young people taking their first steps towards their future career need the right blend of technical and academic skills in order to become the highly skilled, work-ready individuals employers and universities look for. BTEC Level 3 Nationals are vocational qualifications designed to help learners succeed. They have been developed in collaboration with over 5,000 universities, employers and professional bodies with employability at the heart, so learners can develop the skills and confidence they will need to step into their future. BTEC Level 3 National qualifications take a unit-by-unit approach and provide a practical, work-related course. The Sport course is a two year course which is the equivalent value of one full A Level, providing equivalent UCAS points through four units of work-related learning.

Assessment:

The assessment procedures for the BTEC Level 3 are varied across four units; three of which are mandatory and one which is optional and chosen by the school. Each unit is graded as either a Pass (equivalent to an A level grade E), Merit (equivalent to an A level grade C), Distinction (equivalent to an A level grade A) or Distinction* (equivalent to an A level grade A*). At the end of the two year course, students are graded with an individual grade of a Pass, Merit, Distinction or Distinction*.

The mandatory units which all students will complete are:

Unit 1: Anatomy and Physiology

- Externally marked
- 1.5 hour exam
- 80 marks
- Can be sat in January or May/June (*a resit of this unit is possible*)
- Delivered in year 1.

Unit 2: Fitness Training and Programming for Health, Sport and Well-being

- Externally marked
- 2.5 hours of supervised assessment
- A case study is provided 1 week before for assessment preparation
- 60 marks
- Delivered in year 2.

Unit 3: Professional Development in the Sports Industry

- Internally marked, split into different sections.
- Based around a research project looking at possible careers in the sports industry.
- Involves creating an action plan to achieving your selected career aim and analysis of your own skills and how to develop them.
- Also includes an application and an interview assessment activity for your selected pathway, along with work experience opportunities.
- Delivered in year 2.

Unit 7: Practical Sports Performance (The optional unit being delivered at The Cotswold School)

- Internally marked
- Involves developing the skills, techniques, tactics and rules of selected sports through active participation
- Allows for the development of all-round knowledge of practical sports performance which will also help in progressing into roles such as a sports leader, coach, sports instructor or physical education teacher through further study
- Delivered in year 1.

This selection of units enables all students the opportunity to achieve a certificate at the end of year 1 which is equivalent to half an A Level, should this be required.

Careers and Study Progression: The structure of the course gives the learners a clear route to higher education or employment in sport sectors, with opportunities to study a BSc course in Sport, Physical Education and Coaching Science to name a few. The course also supports progression into direct entry level roles such as a physical activity leader or fitness/leisure assistant along with the development of transferable skills such as communication, teamwork and leadership skills.