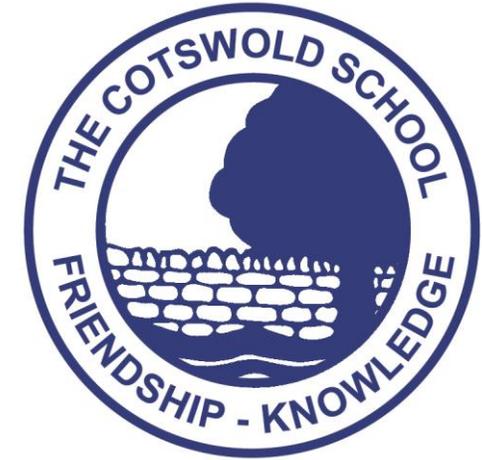


THE COTSWOLD SCHOOL



Consultation with parents and carers regarding statutory changes to Relationships and Sex Education (RSE) in schools from September 2020 for Years 7-11

RSE and PSHE are led by Mrs Jodi Carter,
Assistant Principal and Head of Key Stage 3

OBJECTIVES OF THE CONSULTATION

To explain the changes to requirements for Relationship and Sex Education (RSE) from September 2020

- The Cotswold School has reviewed its RSE curriculum in light of new government requirements, required from September 2020.
- We want to consult with parents because some topics in RSE can be sensitive, and we want to make sure everyone has a chance to have their opinions heard.
- It's important that we get your thoughts regarding these changes, so that we can design a curriculum that supports children as they grow and develop and helps keep them safe.
- We appreciate that some of these topics are sensitive and that there will be a difference of opinion amongst parents.

WHAT ARE THE NEW RSE REQUIREMENTS?

We must provide the following to all pupils:

- Relationships and Sex Education
- Health Education

under the following headings

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

WHAT ARE THE NEW RSE REQUIREMENTS FOR SCHOOLS?

Families

- That there are different types of committed, stable relationships.
- How these relationships might contribute to human happiness and their importance for bringing up children.
- What marriage is, including its legal status (e.g., that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.)
- Why marriage is an important relationship choice for many couples and why it must be freely entered into.
- The roles and responsibilities of parents with respect to raising children, including the characteristics of successful parenting.
- The characteristics and legal status of other types of long-term relationships.

How to:

- Determine whether other children, adults or sources of information are trustworthy.
- Judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships.)
- Seek help or advice, including reporting concerns about others if needed.

WHAT ARE THE NEW RSE REQUIREMENTS FOR SCHOOLS?

Respectful relationships, including friendships

- The characteristics of positive and healthy friendships (in all contexts, including online), including trust, respect, honesty, kindness, generosity, boundaries, privacy, consent, the management of conflict and reconciliation and ending relationships. This includes different (non-sexual) types of relationship.
- Practical steps they can take in a range of different contexts to improve or support respectful relationships.
- How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g., how they might normalise non-consensual behaviour or encourage prejudice.)
- That in school and in wider society they can expect to be treated with respect by others and that, in turn, they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.
- About different types of bullying (including cyber-bullying), the impact of bullying, responsibilities of bystanders to report bullying and where to get help.
- That some types of behaviour within relationships are criminal, including violent behaviour and coercive control.
- What constitutes sexual harassment and sexual violence and why these are always unacceptable.
- The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.

WHAT ARE THE NEW RSE REQUIREMENTS FOR SCHOOLS?

Online and media

- Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online
- About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online
- Not to provide material to others that they wouldn't want shared further, and not to share personal material which is sent to them
- What to do and where to get support to report material or manage issues online
- The impact of viewing harmful content
- That specifically sexually explicit material (e.g. pornography) presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners
- That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail
- How information and data is generated, collected, shared and used online

WHAT ARE THE NEW RSE REQUIREMENTS FOR SCHOOLS?

Being safe

- The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and female genital mutilation, and how these can affect current and future relationships.
- How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online.)

WHAT ARE THE NEW RSE REQUIREMENTS FOR SCHOOLS?

Intimate and sexual relationships, including sexual health

- How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.
- That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively (e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.)
- The facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women, and menopause.
- That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.
- That they have a choice to delay sex or enjoy intimacy without sex.
- The facts about the full range of contraceptive choices, efficacy and options available.
- The facts around pregnancy, including miscarriage.

WHAT ARE THE NEW RSE REQUIREMENTS FOR SCHOOLS?

Intimate and sexual relationships, including sexual health

- That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help.)
- How the different sexually transmitted infections, including HIV/AIDs are transmitted, how risk can be reduced through safer sex (including condom use) and the importance of and facts about testing.
- About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.
- How the use of alcohol and drugs can lead to risky sexual behaviour.
- How to get further advice, including how and where to access confidential sexual and reproductive health and advice and treatment.

WHAT DOES OUR PROPOSED RSE CURRICULUM LOOK LIKE?

Year	RSE Content
7	Staying Safe in the Community, Kindness to Others, Personal Hygiene, Puberty (Physical and Emotional), Healthy Relationships and Families, Online Safety (Internet Grooming)
8	Staying Safe Online, Internet Safety (Sexting), Exploitation, Bullying and Its Effects, Everyday Sexism and Prejudice, Personal Safety, Domestic Conflict, Stereotypes
9	Sexuality & Homophobia, Emotional Awareness, Peer Pressure & the Media, Healthy Relationships, Consent, Sexual Assault, Sexting and Internet Safety, Contraception and STIs, Teenage Relationships, Child Sexual Exploitation
10	Unhealthy Relationships, County Lines, Consent, Contraception, Miscarriage, Abortion, Sexuality, Disability & Equality, The Impact of Pornography, First Aid, Drugs & Alcohol, Coercion
11	Drugs & Alcohol, Consent and Pressure around Sex. Stalking & Harassment, First Aid, Sexuality, Forced Marriage, Female Genital Mutilation.

HOW IS THIS CONTENT DELIVERED?

For Years 7-11

Weekly PSHE sessions during Tutor Time, delivered by the Form Tutor

Twice yearly PSHE mornings. Delivered by Heads of Year and Pastoral Leaders

Visits from our Schools Beat Police Officer – three times a year in Years 7, 8 and 9

Assemblies (Year Group lead by Year Head or Pastoral Leaders)

Science, PBE and Physical Education lessons in both Key Stages 3 and 4

SMSC (Spiritual, Moral, Social and Cultural Education) via assemblies and tutor time

RSE and PSHE is led by Jodi Carter,
Assistant Principal and Head of Key Stage 3

WHAT HAPPENS NEXT?

Thank you for reading our proposal regarding the statutory changes to the Relationships and Sex Education Curriculum from September 2020. We're also seeking feedback from:

- > Staff
- > Students
- > Governors

Once we have considered all the feedback, we will draft an updated RSE policy, which will set out our complete draft PSHE curriculum which will include Health and Wellbeing, and Careers Education. This will be posted on our website.

There will be a formal consultation period before the updated policy is approved by our Governing Board.

Please email your comments and questions to
rseconsultation@thecotswoldschool.co.uk